

Physical Education Option at Ratton



AQA 

GCSE

Physical Education

GCSE Physical Education

Unit	Areas Covered	How is it assessed?
1) Paper 1: Human Body and Movement	<ul style="list-style-type: none"> ➤ Applied Anatomy & Physiology ➤ Movement Analysis ➤ Physical Training ➤ Use of Data 	Written EXAM 1 hour 15 mins 78 marks Worth 30% of GCSE
2) Paper 2: Socio-cultural Influences and Well-being	<ul style="list-style-type: none"> ➤ Sports Psychology ➤ Socio-Cultural Influences ➤ Health, Fitness and Well-Being ➤ Use of Data 	Written EXAM 1 hour 15 mins 78 marks Worth 30% of GCSE
3) NEA Analysis (Coursework) Evaluation of Performance	Analysis and Evaluation of your performance <ul style="list-style-type: none"> - Components of Fitness (Strengths / Weaknesses) - Design Training to improve your performance - Other models to improve performance 	COURSEWORK Assignments , assessed by your teacher and then verified externally Worth 10% of GCSE
4) Practical Performance	Assessed Practically in every sport (Graded for Skills, Tactics and Performance) Best 3 sports chosen by Teacher (taken from next slide): <ul style="list-style-type: none"> - 1 individual - 1 team - 1 individual/team 	PRACTICAL Moderation , assessed by your teacher and then verified externally Worth 30% of GCSE (Each Sport worth 10%)



Team Activity	
Acrobatic gymnastics	Cannot be assessed with gymnastics
Association football	Cannot be five-a-side. Cannot be assessed with futsal
Badminton	Cannot be assessed with singles
Basketball	Cannot be street basketball
Camogie	Cannot be assessed with hurling
Cricket	
Dance	This can only be used for one activity
Figure skating	This can only be used for one activity. Cannot be assessed with dance
Futsal	Cannot be assessed with football
Gaelic football	
Handball	
Hockey	Must be field hockey
Hurling	Cannot be assessed with camogie
Ice hockey	Cannot be assessed with inline roller hockey
Inline roller hockey	Cannot be assessed with ice hockey
Lacrosse	
Netball	
Rowing	Cannot be assessed with sculling, canoeing or kayaking
Rugby league	Cannot be assessed with rugby union (sevens or fifteen a side). Cannot be tag rugby
Rugby union	Can be assessed as sevens or fifteen a side. Cannot be assessed with rugby league. Cannot be tag rugby. This can only be used for one activity
Sailing	Royal Yachting Association recognised sailing boat classes only. View the Royal Yachting Association list. This can only be used for one activity. Students must perform as helmsman
Sculling	Cannot be assessed with rowing, canoeing or kayaking. Cannot be assessed with individual sculling
Squash	Cannot be assessed with singles
Table tennis	Cannot be assessed with singles
Tennis	Cannot be assessed with singles
Volleyball	
Water polo	



GCSE

Physical Education

Individual Activity	
Amateur boxing	
Athletics	Long distance running must not exceed 5,000 metres
Badminton	Cannot be assessed with doubles
Canoeing	Cannot be assessed with kayaking, rowing or sculling
Cycling	Track, road or BMX cycling (racing, not tricks) only
Dance	This can only be used for one activity
Diving	Platform diving
Equestrian	
Figure skating	This can only be used for one activity. Cannot be assessed with dance
Golf	
Gymnastics	Floor routines and apparatus only
Kayaking	Cannot be assessed with canoeing, rowing or sculling
Rock climbing	Can be indoor or outdoor
Sailing	Royal Yachting Association recognised sailing boat classes only. View the Royal Yachting Association list. This can only be used for one activity. Students must perform as helmsman
Sculling	Cannot be assessed with rowing, canoeing or kayaking. Cannot be assessed with team sculling
Skiing	Outdoor/indoor on snow; cannot be assessed with snowboarding. Must not be dry slopes
Snowboarding	Outdoor/indoor on snow. Must not be on dry slopes
Squash	Cannot be assessed with doubles
Swimming	Not synchronised swimming, personal survival or lifesaving
Table Tennis	Cannot be assessed with doubles
Tennis	Cannot be assessed with doubles
Trampoline	
Windsurfing	





GCSE

Physical Education



Previous year's results:

We are extremely proud of our results. Our dedicated students and committed staff have allowed us to celebrate some great achievements in GCSE PE!

Summer 2023 results:

67% of pupils achieved a grade 5 or above
56% of pupils achieved their target grade or above
37% of pupils made outstanding achievement
(exceeded their target)





GCSE

Physical Education



Exclusive GCSE PE kit is available to pupils who follow the course. These are not compulsory but are proudly worn by many of our current GCSE PE candidates in their core and GCSE PE lessons.



Polo shirt - with initials on the front and allocated number on the reverse.



Training top - with initials on the front



GCSE Physical Education



Ski Trip 2024

We have recently returned from a ski trip to St. Johann im Pongau (Austria) where pupils were moderated in their performance as an individual sport. GCSE PE candidates get priority booking spaces on this fantastic trip away.





GCSE

Physical Education



Course overview:

70% Theory, 30% Practical

- 2 written exam papers at the end of the course (Summer 2025) - 60% of grade
- Non-exam analysis: personal reflection of performance in a chosen activity - 10% of grade
- Non-exam assessment: moderated performances in 3 different sports
(1 individual, 1 team and 1 individual/team) - 30% of grade

Students will require:

- A high practical performance level in a range of sports
- Strengths in: English, Maths and Science

Additional information:

Students who follow the GCSE Physical Education pathway are expected to be competent performers in a wide range of sports, both individually and team based and attend PE clubs regularly.

