

PHYSICAL EDUCATION

Qualification: GCSE

Suitable for: All students.

Outline of the course: The course is 60% theory and covers topics including anatomy and physiology, training, using data and psychology. This element of the course is very science based. The non-exam assessment is in one team activity, one individual activity and third in either a team or individual activity.

Course Assessment: 60% Theory: 40% Practical

Paper 1(30%) The human body and movement in physical activity (written exam)

Paper 2(30%)Socio-cultural influences and well-being (written exam)

Practical performance (40%) this work is assessed by teachers and externally moderated.

Additional information: Students who follow the GCSE Physical Education pathway are expected to be competent performers in a wide range of sports, both individually and team-based.

Further Study:

- Other level 2 vocational qualifications.
- Level 3 vocational qualifications, such as BTEC Nationals, specifically the Edexcel BTEC Level 3 in Sport (QCF) or Edexcel BTEC Level 3 in Sport and Exercise Science (QCF).
- Academic qualifications, such as A Level Physical Education.
- Employment within the sports and active leisure industry.

Student View: *“The theory is difficult, but very interesting. The practical element is really good”.*