

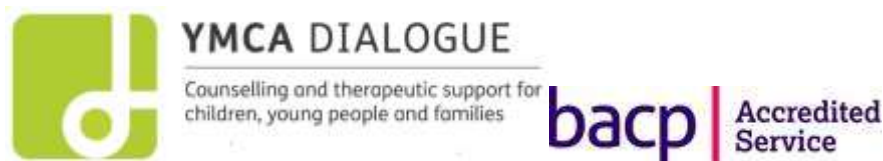
Information for Parents

We provide our students with access to a school based counselling service delivered in school by YMCA Dialogue, a BACP accredited service. YMCA Dialogue have been providing school counselling services since 1994 and their counsellors are qualified and experienced working with young people; and have Enhanced DBS checks.

Research shows that counselling can have a positive impact on the way that children experience their school and home lives. It is an effective early intervention and prevention measure in helping children manage their worries and regulate their behaviour. Counselling outcomes demonstrate the positive impact counselling has on children's capacity to get the most from their school and home life

There is a counsellor working in the school on Monday mornings and Tuesdays. Sometimes life can be really difficult and it can feel hard to cope. It's OK to ask for help. We work with young people about many issues including; relationships, identity, feeling low, self-harm, finding life difficult, feeling angry or sad, anxious or stressed.

Under the Gillick Competency Principle, young people aged 16 and under have the right to access confidential counselling without parental consent, provided they are able to understand what is being offered. The content of counselling sessions is confidential – unless there is a safeguarding concern. Counselling provides your son or daughter with an opportunity to share their thoughts and feelings and helps develop strengths. The counselling service is integrated within the school and encourages the sharing of information with parents/carers and the school.



Click here to learn more about the service as a whole:

YMCA <http://www.ymcadlg.org/health-and-wellbeing/dialogue/>